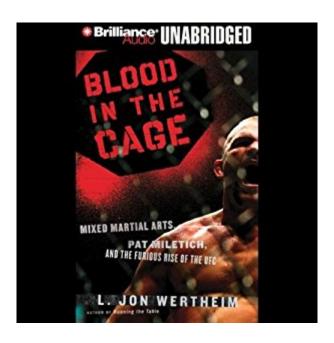


The book was found

Blood In The Cage: Mixed Martial Arts, Pat Miletich, And The Furious Rise Of The UFC





Synopsis

Based on unique access to the Ultimate Fighting Championship (UFC) and its rival organizations, Blood in the Cage peers through the chain-link Octagon into the frighteningly seductive world of mixed martial arts, which has exploded in popularity despite resistance. Wertheim focuses on Pat Miletich, who runs the most famous MMA training school in the world. Single-handedly Miletich has transformed a gritty town on the banks of the Mississippi into an unlikely hotbed for his sport. He has also transformed many an average Joe into a walking weapon of destruction. Wertheim intertwines Miletich¢â ¬â,,¢s own life story, by turns tragic and triumphant, with the larger story of the incredible rise of the UFC, from its controversial, back alley roots to the fastest growing sports enterprise in America. For fans of Jeff MacGregorââ ¬â,,¢s Sunday Money and Sam Sheridanââ ¬â,,¢s A Fighterââ ¬â,,¢s Heart, Blood in the Cage takes readers behind the scenes, right down to the mat, from a punch in the kidney to the ping of the cash register, as Wertheim brilliantly exposes the no-holds-barred reality of the blood sport for a new generation. Advance Praise for Blood in the Cage: ââ ¬Å"In Blood in the Cage, L. Jon Wertheim tells the story of Pat Miletich, the consummate professional athlete turned world-class trainer. Miletich is someone for whom I have considerable respect and admiration and who puts his athletes and our sport first and foremost.â⠬• â⠬⠜ Randy Couture, UFC champion --This text refers to an out of print or unavailable edition of this title.

Book Information

Audible Audio Edition

Listening Length: 9 hoursà andà Â 7 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Brilliance Audio

Audible.com Release Date: January 1, 2009

Language: English

ASIN: B001PU0UTA

Best Sellers Rank: #127 inà Books > Sports & Outdoors > Individual Sports > Mixed Martial Arts #991 inà Books > Audible Audiobooks > Nonfiction > Sports & Recreation #1915 inà Â Books > Sports & Outdoors > Individual Sports > Martial Arts

Customer Reviews

Excellent book mainly about Pat Milletech. I pretty much read this in one sitting. It's really well

written and gives a bit of the history of MMA.

This was an insightful view into the world of MMA and the rise of the UFC. Pat Miletich is one of the main reasons the UFC took off. Would have loved to see him fight. Great book. Well written.

Very good book if you have even a small interest in MMA. It gives an interesting account of Pat Miletich's life, but it also sheds light on many other aspects of the UFC, and the origins of MMA. Lots of stories about other fighters (not just Pat and his crew). Also tells the story of Dana White and the Fertitta brothers and how they became involved with the UFC, and eventually changed the MMA world. I highly suggest this book, best I have read in a long time.

I only gave it 4 stars, because there has to be something out there that is better. Is this a good reason to only give it 4 stars? Not when I was reading it. An easy read. This book covered so well how Pat Miletich had an effect on MMA. Also, a great book to find out the early rise of the UFC, which I knew very little about. It was a much better book than I expected.

This book is great! Pat Miletich is the original MMA fighter!

As someone not familiar with the sport of MMA, I bought this book because I have enjoyed the author's previous work. And boy, am I glad I picked this one up! Terrific writing illuminates the world of UFC and the fastest growing sport in the world; MMA.Anyone currently a fan of Pat Miletich and his bloody yet thrilling escapades would do well to read "Blood", but the real winners are sports fans like myself who, until now, had turned up their noses at MMA. After reading the book and watching some highlights on YouTube, I am thoroughly impressed with the athleticism, dedication, and sportsmanship of the competitors. Though it appears that UFC CEO Dana White is now in over his head in terms of controlling a billion dollar business, I see nothing but good things for the sport. Best to Miletich, the competitors of MMA, and, certainly, author L Jon Wertheim for their fine work. Highly recommended to all sports fans!

Excellent book about the rise of the UFC, from the early days where there were "no rules" to Zuffa's purchase and attempt at mainstream.

I'm a late comer to MAA and Blood in the Cage is an excellent, well written and researched book on

the history of the of the sport. L. Jon Wertheim pulls no punches (ah heh!) showing the dysfunctional side of the sport and the business. It's all done with a critic's eye and a fan's heart.

Download to continue reading...

Blood in the Cage: Mixed Martial Arts, Pat Miletich, and the Furious Rise of the UFC BLOOD TYPE DIET: Eat recipes according to blood type(blood diet,blood type diet o,blood type diet b,blood type cookbook, blood type a diet, blood type a cookbook, blood type ab, blood type book) The Ultimate Guide to Preventing and Treating MMA Injuries: Featuring advice from UFC Hall of Famers Randy Couture, Ken Shamrock, Bas Rutten, Pat Miletich, Dan Severn and more! Parting the Clouds - The Science of the Martial Arts: A Fighter Açã ¬â, cs Guide to the Physics of Punching and Kicking for Karate, Taekwondo, Kung Fu and the Mixed Martial Arts MMA Training: The Ultimate Beginners Guide To Mixed Martial Arts (Including Drills & Tactics) (MMA, Martial Arts, Self Defense, BJJ) Into the Cage: The Rise of UFC Nation Martial Arts for the Mind: Essential Tips, Drills, and Combat Techniques (Martial and Fighting Arts) Martial Arts for Women: Essential Tips, Drills, and Combat Techniques (Martial and Fighting Arts) Martial Arts for Children: Essential Tips, Drills, and Combat Techniques (Martial and Fighting Arts) Martial Arts for People with Disabilities (Martial and Fighting Arts) Martial Arts for Athletic Conditioning (Martial and Fighting Arts) Martial & Fighting Arts (Martial and Fighting Arts Series) Martial Arts for Children: Winning Ways (Mastering Martial Arts) Martial Arts for Women: Winning Ways (Mastering Martial Arts) Beast: Blood, Struggle, and Dreams at the Heart of Mixed Martial Arts Blood Pressure: High Blood Pressure, Its Causes, Symptoms & Treatments for a long, healthy life.: Plus 9 Free Books Inside. (Blood Pressure, High Blood ... Hypertension, Blood Pressure Solutions.) Pat the Zoo (Pat the Bunny) (Touch-and-Feel) Pat the Puppy (Pat the Bunny) (Touch-and-Feel) Pat the Bunny: At the Apple Orchard (Pat the Bunny) (Board Books)) Ground Fighting Techniques to Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy (Self-Defense Book 3)

Contact Us

DMCA

Privacy

FAQ & Help